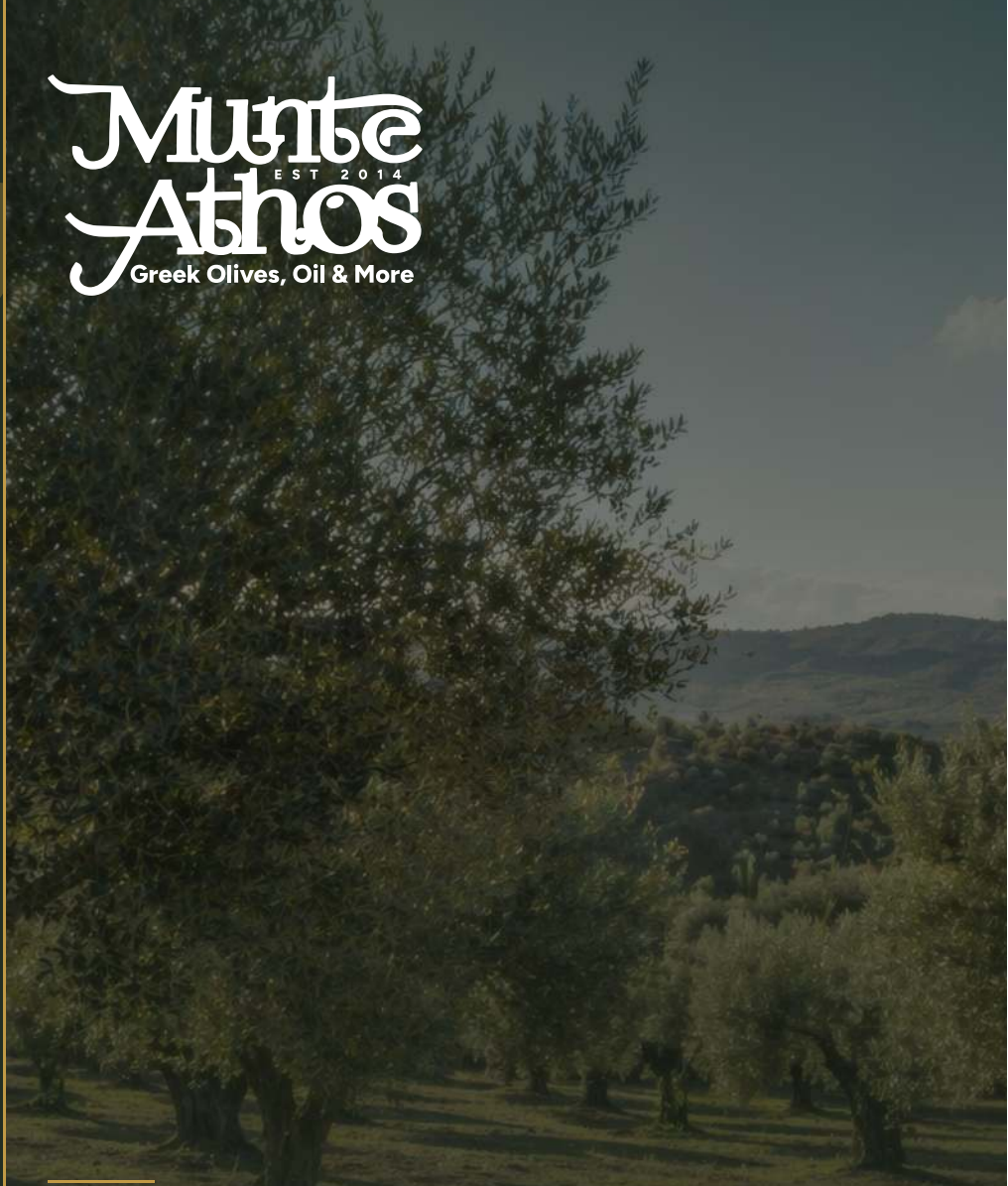
est. 2014

Munte Athos
EST 2014
Greek Olives, Oil & More

PRODUCT CATALOG



Greek products for retail, HoReCa and distributors

Olives, olive oil, dairy and Mediterranean specialties. Every line is listed by its real commercial variants.

PRODUCT CATALOG

EN

est. 2014

PRODUCT CATALOG

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ORDERS

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OUR STORY

Who are we?

Since 2014, we have built one of the most dynamic and flexible companies in Romania, with a solid product range, an excellent quality-price ratio and long-term relationships with our partners.

Munte Athos is a family business, led by father and son, started from zero and grown into an independent company with its own production and processing, modern certified equipment and permanent stock. We are among the only olive packing and processing factories in Romania.

Our partners in Greece are producers with more than 90 years of tradition, proudly preserving authentic recipes passed down from generation to generation. It is a philosophy we respect in everything we do.

OUR BRANDS

Not all olives are the same. Neither are our clients. That is why we built three distinct brands: one of them is yours.

Munte Athos EST 2014 Greek Olives, Oil & More

BULK DISTRIBUTORS

14 years. Thousands of tonnes delivered. Zero compromises. When our partners order, they know exactly what they get, because we have never let them down.

PACKAGING	QUALITY	USE
Bulk / barrels	**Superior**	**Food service**

OLIVANTHOS

SPECIALTY DISTRIBUTORS

In a market full of promises, Olivanthos delivers proof. Real flavour, verified origin, packaging that speaks for itself: gourmet quality at a price that protects your margin.

PACKAGING	QUALITY	USE
Premium bottles	**Premium**	**Gourmet**

olivaholic

END CONSUMERS

Bold varieties, surprising seasonings, tastes that stay with you. We do not sell a product. We offer an experience your customer will come back for.

PACKAGING	QUALITY	USE
In tins	**Commercial**	**Everyday retail**

QUALITY

Quality above all

Our quality control process ensures every product meets the strictest industry requirements, following current European legislation and fully complying with HACCP standards.

EU standard

Full compliance with European food safety and import requirements.

Food safety HACCP

Certified management systems that ensure food safety at every stage.

Strict control

Every batch is carefully inspected from sourcing to final packaging.

Traceability

Complete traceability from the Greek groves to your shelf.

OUR OWN PRODUCTION

Complete processing

From grove to final packaging, we control every step. Raw material is selected directly at the source, brought quickly into the country and processed in-house, with certified equipment and strict hygiene standards.

Modern technology

We invest constantly in state-of-the-art equipment, among the fastest and best performing in the field. Every machine is approved, certified and maintained daily.

Standards applied at every stage

All our products comply with current European legislation and are HACCP certified, proof of strict food safety, hygiene and quality standards applied from production through to delivery.

PARTNERS

MEGA IMAGE · Carrefour · Wolt · Kaufland · profi · METRO · Freshful · sezamo · Auchan

01 PAGES 6–10

Olives

Kalamata, Halkidiki green and Amfissa olives. In brine or oil, whole or pitted, from the 250 g artisan tin to the 13 kg professional pail.

KALAMATA · GREEN OLIVES · AMFISSA · OLIVAHOLIC

Kalamata

BESTSELLER



IN BRINE OL-07

Kalamata olives in brine

Professional bulk format, whole or pitted, for distribution, food production and private label.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
13 kg whole **10 kg pitted**	–	–	**45**



IN BRINE OL-06

Kalamata olives in brine

A 5 kg box in brine, the most requested format for distribution, HoReCa and in-store portioning.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg whole **4 kg pitted**	–	–	**100**



IN BRINE OL-05

Kalamata olives in brine

The best-known Greek olives in the world, in brine. A 3 kg pail for medium volumes and professional use.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	–	–	**90**



IN OIL OL-02

Kalamata olives in oil

Elongated and fleshy, with a deep, lightly winey taste. Preserved in oil, in a 3 kg pail for distribution and private label.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	–	–	**90**

Kalamata



IN BRINE — OL-04

Kalamata olives in brine

Almond-shaped, deep purple, fruity and lightly tannic. A 2 kg pail for storage and serving.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
2 kg	**6**	**30**	**180**



IN BRINE — OL-03

Kalamata olives in brine

Harvested at full maturity, deep violet and almond-shaped. A 1 kg pail for frequent use.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1 kg	**–**	**–**	**320**



VACUUM — OL-01

Kalamata olives in vacuum packs

Whole Kalamata olives in vacuum bags. Suitable for professional kitchens, catering and medium-scale restaurants.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g · 500 g · 1 kg	**20 · 16 · 12**	**48**	**960 · 768 · 576**

Green olives

BESTSELLER



WHOLE — OL-08

Whole green olives

Harvested before ripening in the Halkidiki region: firm, crisp and lightly bitter, with a lively natural acidity.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	–	–	60



PITTED — OL-09

Pitted green olives

The same Halkidiki green olives, pitted. Dense flesh and a clean taste, easy to serve in salads and antipasti.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
4 kg	–	–	60



STUFFED — OL-10

Green olives stuffed with pepper paste

Green olives stuffed with pepper paste, in brine. A more intense taste for meze platters and appetisers.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	–	–	90

Amfissa

BESTSELLER



IN BRINE — OL-11

Amfissa olives in brine

Plump and soft, lightly sweet with a buttery texture. From the Phocis region in Central Greece.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	**–**	**–**	**60**



DRIED, IN OIL — OL-12

Amfissa olives in oil

Dried and preserved in oil, with a deeper, more concentrated aroma than the brine version.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	**–**	**–**	**60**

BESTSELLER



BROWN, IN BRINE — OL-13

Brown Amfissa olives in brine

Matured in brine to blond-brown tones, with a delicate taste and fine texture.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	**–**	**–**	**60**

Olivaholic



CHILI · PITTED — OL-14

Olivaholic chili, pitted

Firm green olives, naturally processed and pitted, marinated with dried chili. A clean, pleasant heat wrapped in the lightly bitter taste of Greek green olives.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960



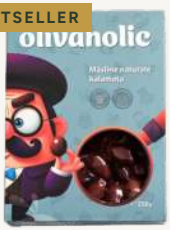
CHILI · WHOLE — OL-15

Olivaholic chili, whole

Whole green olives, naturally processed and marinated with dried chili. The firm texture and intact stone give them a robust character.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960

BESTSELLER



KALAMATA NATURAL — OL-16

Olivaholic Kalamata

Whole Kalamata olives, naturally processed and packed in the iconic Olivaholic artisan tin. Rich, creamy and unmistakably Greek.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960



GARLIC & OREGANO — OL-17

Olivaholic garlic & oregano

Whole, firm Greek green olives marinated with roasted garlic and wild Mediterranean oregano. Aromatic and deeply satisfying.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960



GARLIC & OREGANO · PITTED — OL-18

Olivaholic garlic & oregano, pitted

The same Greek green olives with roasted garlic and wild oregano, this time pitted. Perfect in salads, pasta or straight from the tin.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960

02

PAGES 12–13

Oils

Extra virgin olive oil from Crete in four formats plus pomace oil for intensive cooking, for gourmet retail and professional kitchens.

EXTRA VIRGIN OLIVE OIL · POMACE OLIVE OIL

Extra virgin olive oil



EXTRA VIRGIN OI-01

Extra virgin olive oil

Compact format, ideal for gifts, fine-dining restaurants and everyday home use.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 ml	**30**	**48**	**1440**



EXTRA VIRGIN OI-02

Extra virgin olive oil

The most popular format for daily use and home cooking.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
500 ml	**20**	**48**	**960**

BESTSELLER



EXTRA VIRGIN OI-03

Extra virgin olive oil

Suitable for professional kitchens, catering and medium-scale restaurants.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1 L	**12**	**44**	**528**

BESTSELLER



EXTRA VIRGIN OI-04

Extra virgin olive oil

Economical format for distribution, food production and private label.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 L	**4**	**32**	**128**

OILS

Pomace olive oil

Refined from the olive paste left after the first cold pressing. A neutral oil with a high smoke point that keeps the benefits of olive oil, the professional kitchen's choice for frying, baking and high-temperature cooking.

SMOKE POINT	**240°C (ideal for frying)**
AROMA	**Neutral, clean, delicate**
PROCESSING	**Refined**
IDEAL FOR	**High-temperature cooking, baking**





1 L

OI-05

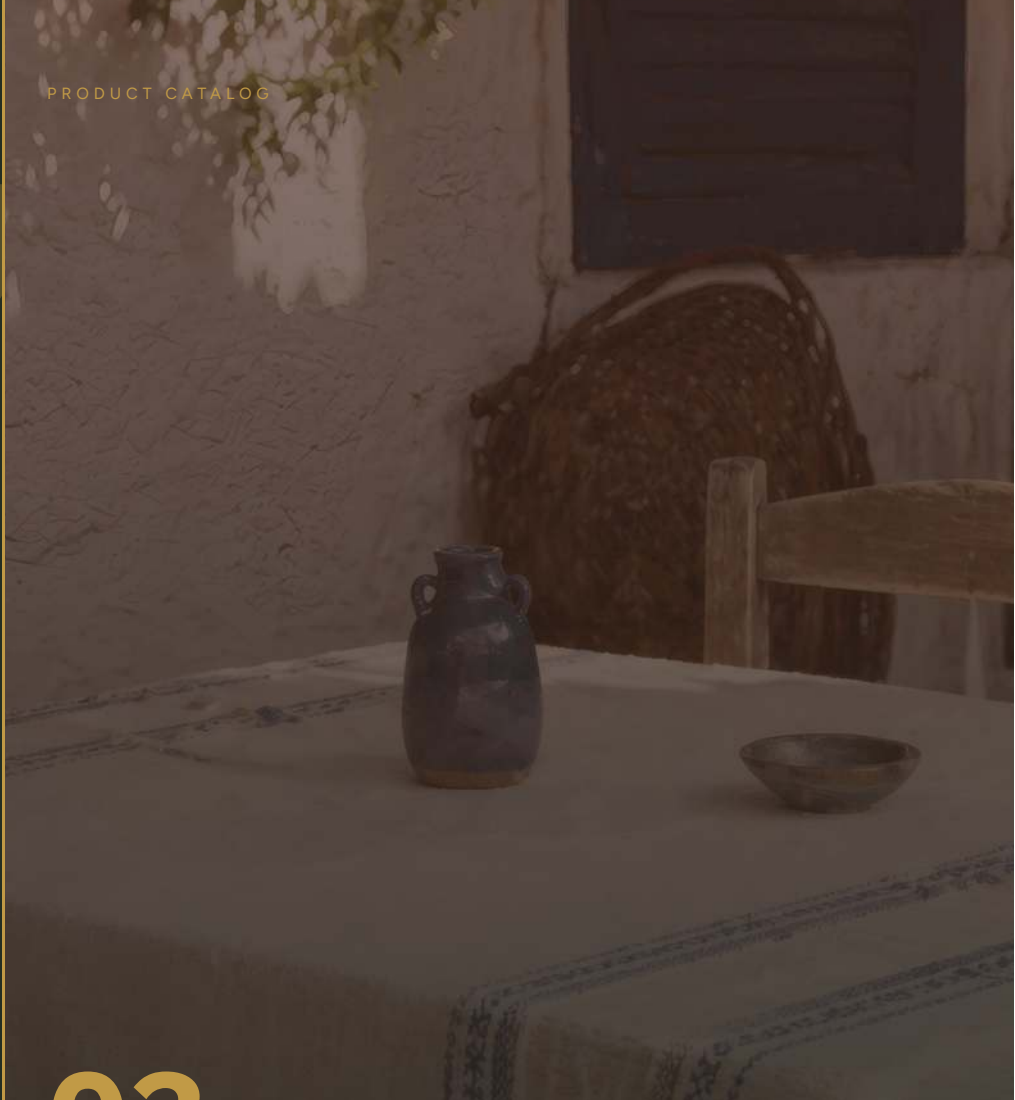
UNITS/CASE	CASES/PALLET	UNITS/PALLET
12	**48**	**576**

5 L

OI-06

UNITS/CASE	CASES/PALLET	UNITS/PALLET
4	**24**	**96**

OIL FOR PROFESSIONAL KITCHENS



03

PAGES 15–21

Dairy

Feta, Greek yogurt, matured cheeses and dairy specialties from Kolios and Flegga. Formats from the 150 g cup to the 5 kg HoReCa block.

FETA · GREEK YOGURT 10% · GREEK YOGURT 2% AND 0% · YOGURT, SPECIAL RECIPES · FRUIT YOGURT · CHEESES · DAIRY SPECIALTIES

Feta



IN BRINE · PDO — DA-01

Feta in brine

The classic version, with balanced flavour and authentic texture, ideal for salads and everyday serving.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	12	276	3312



LESS SALT · PDO — DA-03

Less-salt feta

A lightly salted option for customers who want the same Greek character with a milder taste.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	360	4320



AGED · PDO — DA-02

Barrel Aged feta

Aged longer in brine for a more intense, firmer and more expressive profile.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	16	276	4416



ECO · ORGANIC — DA-04

ECO feta

Organic feta made from certified milk, for bio retail and premium assortments.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	16	276	4416



IN BRINE — DA-29

Feta in brine, metal tin

PDO feta from sheep's and goat's milk, in a metal tin with brine. HoReCa format for in-store portioning, restaurants and catering.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
14.5 kg	–	–	45

Greek yogurt 10%



10% FAT — DA-05

Greek yogurt 10%

Individual format with a classic, consistent texture. Ideal for breakfast or dessert.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400



10% FAT — DA-06

Greek yogurt 10%

The most popular format for daily use and home cooking.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
500 g	6	198	1188



10% FAT — DA-07

Greek yogurt 10%

Economical format for frequent use or recipe preparation.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1 kg	6	99	594



10% FAT · HORECA — DA-08

Greek yogurt 10%

Large container, ideal for restaurants, catering and HoReCa.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	4	36	144

Greek yogurt 2% and 0%



2% FAT · LIGHT — DA-09

Greek yogurt 2%

Individual format, low in fat and rich in protein. High protein, low fat.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400



2% FAT — DA-10

Greek yogurt 2%

Standard format for daily use, with a balanced nutrient profile.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
500 g	6	198	1188



2% FAT — DA-11

Greek yogurt 2%

Perfect for a snack or a light dessert.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1 kg	6	99	594



0% · HIGH PROTEIN — DA-12

Greek yogurt 0%

Fat free and rich in protein. Recommended for active and fitness diets.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400

Yogurt, special recipes



PROTEIN · LOW FAT — DA-13

Greek yogurt Hercules

Maximum protein, minimum fat. The ideal ally for athletes.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	6	400	2400



ECO · ORGANIC — DA-14

Greek yogurt ECO

Certified organic, produced in Greece from milk of cows raised in natural conditions.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	6	400	2400



VITAL · HORECA — DA-15

Greek yogurt Vital

Large format for professional kitchens. The ideal base for dips and Greek dishes.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	4	30	120



SHEEP MILK · 6% — DA-16

Sheep milk yogurt

Traditional Greek sheep milk yogurt, Flegga since 1957. Rich, aromatic, authentic.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	12	180	2160

Fruit yogurt



0% · BLUEBERRY LAYER — DA-17

Greek yogurt with blueberry

Greek yogurt with a natural blueberry layer. Fat free.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400



0% · PEACH LAYER — DA-18

Greek yogurt with peach

Greek yogurt with a natural peach layer. Fat free and refreshing.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400



0% · STRAWBERRY LAYER — DA-19

Greek yogurt with strawberry

Greek yogurt with a natural strawberry layer. Fat free, perfect for dessert.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400

Cheeses



SEMI-HARD · FOR GRILLING — DA-20

Halloumaki

Semi-hard cheese made for grilling, golden outside and elastic inside. High melting point.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	10	276	2760



SEMI-HARD · SLICED — DA-21

Kolios Traditional sliced

Individual format for daily use. Melts well and works on cheese boards.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
180 g	12	253	3036



HARD · MATURED — DA-22

Kefalograviera

Traditional matured Greek hard cheese with an intense nutty aroma. Grated or on a board.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
130 g	10	420	4200



SEMI-HARD · PDO — DA-23

Kaseri PDO

Kaseri cheese with protected designation of origin, from sheep and goat milk. Elastic, mild, lightly salted.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	84	1680

Dairy specialties



STRAINED · CREAMY — DA-24

Kolios labneh

Dense, creamy dairy product with a fresh, lightly tangy taste. Works on toast, with olive oil, roasted vegetables or olives.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	6	336	2016



FRESH · PDO — DA-25

Manouri PDO

Creamy fresh cheese from sheep and goat whey. Delicate, rindless, perfect with honey.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	20	84	1680



CREAM CHEESE — DA-26

Kolios cream cheese

Fine Greek cream cheese with a balanced taste and velvety texture. Good for spreads, fillings, cold sauces and appetisers.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	6	336	2016



COW TELEMEA · HORECA — DA-27

Ageladino 4 kg

Large block for restaurants and catering. Matured cheese with a lasting taste.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
4 kg	1	100	100

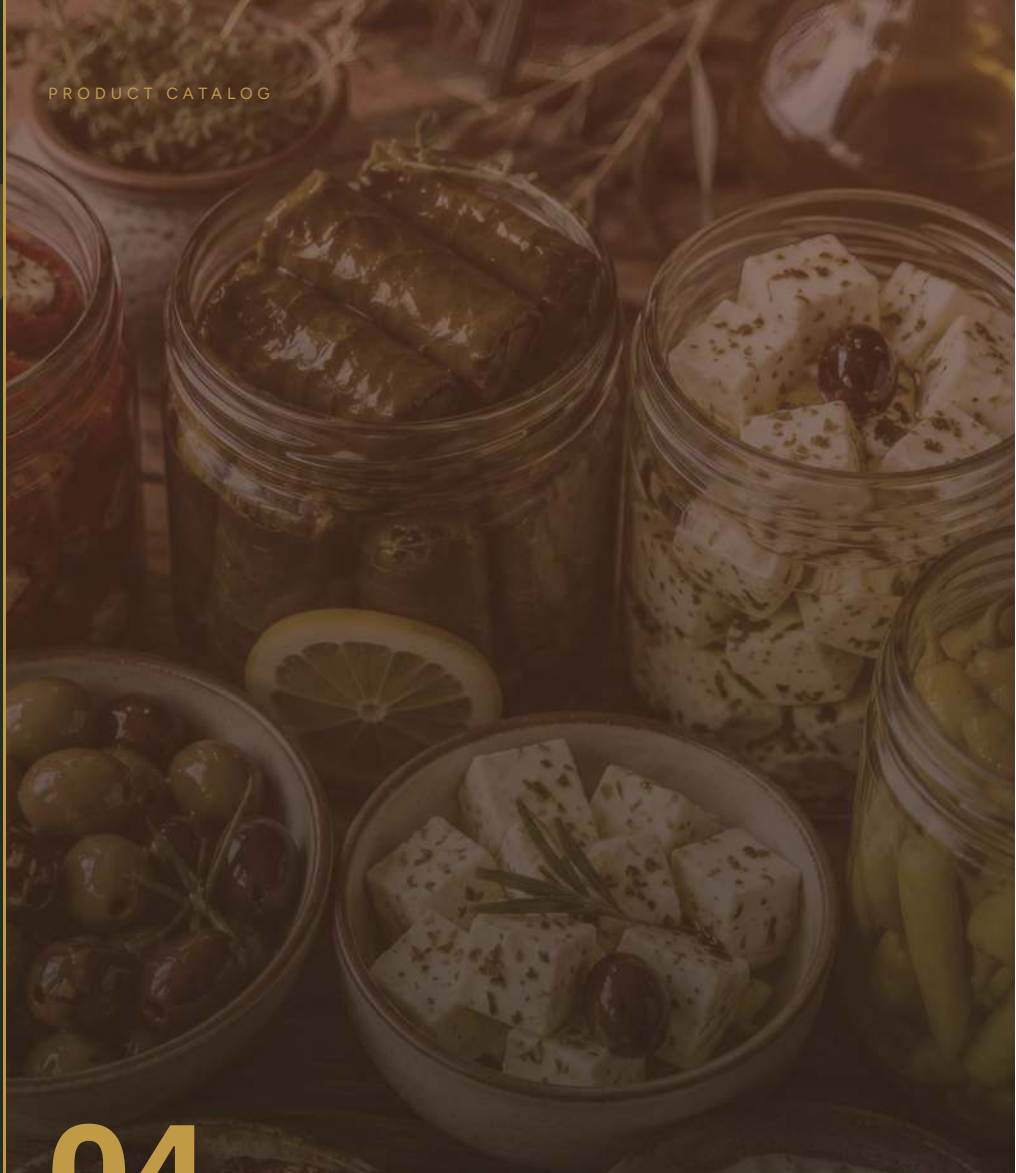


YOGURT-BASED SAUCE — DA-28

Tzatziki

Classic Greek sauce made from yogurt and cucumber. Ideal for appetisers and cold snacks.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	8	320	2560



04

PAGES 23–24

Specialties

Olive paste, stuffed peppers and Greek pickles: the complete meze platter, for retail and HoReCa.

MEZE AND VEGETABLES IN OIL · PICKLES

Meze and vegetables in oil



TAPENADE SP-01

Kalamata paste

Silky Kalamata olive tapenade, perfect on bread, in sauces or on meze platters.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	12	120	1440



TAPENADE SP-02

Kalamata paste

The same tapenade in the large jar, for HoReCa and frequent use.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
350 g	9	120	1080



CHEESE-STUFFED SP-04

Cheese-stuffed peppers

Red cherry peppers stuffed with cream cheese and green olives, marinated in oil.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1.2 kg	6	48	288

Pickles



PICKLED · MACEDONEAN

SP-06

Macedonean peppers

Long yellow-green peppers fermented in brine, with bright acidity and a crisp texture.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
2.5 kg	2	60	120



MIXED PICKLES

SP-07

Assorted pickles

Carrots, cauliflower, peppers, cucumbers and tomatoes pickled together for a vibrant platter.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	2	60	120

BESTSELLER



THREE OLIVE KINDS

SP-08

Olive salad

Three kinds of olives, Kalamata, Amfissa and green, with aromatic herbs in a vibrant Mediterranean platter.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	–	–	60

est. 2014

CONTACT

Let us talk about working together

Tell us which products interest you and within 48 hours we will send the full quote and the right delivery solution.

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munte-athos.ro

WAREHOUSE

550H Main Street
Brezoaele Village, Dambovita County

OPENING HOURS

Mon–Fri 06:30–15:00
Saturday 07:30–14:00
Sunday closed

HOW TO ORDER

1. Selection
Note the codes on the sheets and the formats you are interested in.

2. Quote
We come back with the full quote, prices and all logistics details.

3. Delivery
We ship from the Brezoaele warehouse, Dambovita County.

CONTACT

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