
Greek products for retail, HoReCa and distributors

Olives, olive oil, dairy and Mediterranean specialties. Every line
is listed by its real commercial variants.

Contents

02 Contents

03 Who are we?

04 Quality above all

05 Olives

Kalamata · Green olives · Amfissa · Olivaholic

11 Oils

Extra virgin olive oil · Pomace olive oil

14 Dairy

Feta · Greek yogurt 10% · Greek yogurt 2% and 0% · Yogurt, special recipes · Fruit yogurt · Cheeses · Dairy specialties

22 Specialties

Meze and vegetables in oil · Pickles

25 Contact

ORDERS

comercial@munte-athos.ro

+40 726 632 718

OUR STORY

Who are we?

Since 2014, we have built one of the most dynamic and flexible companies in Romania, with a solid product range, an excellent quality-price ratio and long-term relationships with our partners.

Munte Athos is a family business, led by father and son, started from zero and grown into an independent company with its own production and processing, modern certified equipment and permanent stock. We are among the only olive packing and processing factories in Romania.

Our partners in Greece are producers with more than 90 years of tradition, proudly preserving authentic recipes passed down from generation to generation. It is a philosophy we respect in everything we do.

OUR BRANDS

Not all olives are the same. Neither are our clients. That is why we built three distinct brands: one of them is yours.



BULK DISTRIBUTORS

14 years. Thousands of tonnes delivered. Zero compromises. When our partners order, they know exactly what they get, because we have never let them down.

PACKAGING
Bulk / barrels

QUALITY
Superior

USE
Food service

OLIVANTHOS

SPECIALTY DISTRIBUTORS

In a market full of promises, Olivanthos delivers proof. Real flavour, verified origin, packaging that speaks for itself: gourmet quality at a price that protects your margin.

PACKAGING
Premium bottles

QUALITY
Premium

USE
Gourmet

olivaholic

END CONSUMERS

Bold varieties, surprising seasonings, tastes that stay with you. We do not sell a product. We offer an experience your customer will come back for.

PACKAGING
In tins

QUALITY
Commercial

USE
Everyday retail

QUALITY

Quality above all

Our quality control process ensures every product meets the strictest industry requirements, following current European legislation and fully complying with HACCP standards.

EU standard

Full compliance with European food safety and import requirements.

Food safety HACCP

Certified management systems that ensure food safety at every stage.

Strict control

Every batch is carefully inspected from sourcing to final packaging.

Traceability

Complete traceability from the Greek groves to your shelf.

OUR OWN PRODUCTION

Complete processing

From grove to final packaging, we control every step. Raw material is selected directly at the source, brought quickly into the country and processed in-house, with certified equipment and strict hygiene standards.

Modern technology

We invest constantly in state-of-the-art equipment, among the fastest and best performing in the field. Every machine is approved, certified and maintained daily.

Standards applied at every stage

All our products comply with current European legislation and are HACCP certified, proof of strict food safety, hygiene and quality standards applied from production through to delivery.

PARTNERS



Kaufland



profi



01

PAGES 6-10

Olives

Kalamata, Halkidiki green and Amfissa olives. In brine or oil, whole or pitted, from the 250 g artisan tin to the 13 kg professional pail.

KALAMATA · GREEN OLIVES · AMFISSA · OLIVAHOLIC

Kalamata

BESTSELLER



IN BRINE

OL-07

Kalamata olives in brine

Professional bulk format, whole or pitted, for distribution, food production and private label.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
13 kg whole	—	—	45
10 kg pitted			



IN BRINE

OL-06

Kalamata olives in brine

A 5 kg box in brine, the most requested format for distribution, HoReCa and in-store portioning.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg whole	—	—	100
4 kg pitted			



IN BRINE

OL-05

Kalamata olives in brine

The best-known Greek olives in the world, in brine. A 3 kg pail for medium volumes and professional use.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	—	—	90



IN OIL

OL-02

Kalamata olives in oil

Elongated and fleshy, with a deep, lightly winy taste. Preserved in oil, in a 3 kg pail for distribution and private label.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	—	—	90

Kalamata



IN BRINE

OL-04

Kalamata olives in brine

Almond-shaped, deep purple, fruity and lightly tannic. A 2 kg pail for storage and serving.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
2 kg	6	30	180



IN BRINE

OL-03

Kalamata olives in brine

Harvested at full maturity, deep violet and almond-shaped. A 1 kg pail for frequent use.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1 kg	—	—	320



VACUUM

OL-01

Kalamata olives in vacuum packs

Whole Kalamata olives in vacuum bags. Suitable for professional kitchens, catering and medium-scale restaurants.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g · 500 g · 1 kg	20 · 16 · 12	48	960 · 768 · 576

Green olives

BESTSELLER



WHOLE

OL-08

Whole green olives

Harvested before ripening in the Halkidiki region: firm, crisp and lightly bitter, with a lively natural acidity.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	–	–	60



PITTED

OL-09

Pitted green olives

The same Halkidiki green olives, pitted. Dense flesh and a clean taste, easy to serve in salads and antipasti.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
4 kg	–	–	60



STUFFED

OL-10

Green olives stuffed with pepper paste

Green olives stuffed with pepper paste, in brine. A more intense taste for meze platters and appetisers.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	–	–	90

Amfissa

BESTSELLER



IN BRINE

OL-11

Amfissa olives in brine

Plump and soft, lightly sweet with a buttery texture. From the Phocis region in Central Greece.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	—	—	60



DRIED, IN OIL

OL-12

Amfissa olives in oil

Dried and preserved in oil, with a deeper, more concentrated aroma than the brine version.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	—	—	60

BESTSELLER



BROWN, IN BRINE

OL-13

Brown Amfissa olives in brine

Matured in brine to blond-brown tones, with a delicate taste and fine texture.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	—	—	60



CHILI · PITTED

OL-14

Olivaholic chili, pitted

Firm green olives, naturally processed and pitted, marinated with dried chili. A clean, pleasant heat wrapped in the lightly bitter taste of Greek green olives.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960



CHILI · WHOLE

OL-15

Olivaholic chili, whole

Whole green olives, naturally processed and marinated with dried chili. The firm texture and intact stone give them a robust character.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960

BESTSELLER



KALAMATA NATURAL

OL-16

Olivaholic Kalamata

Whole Kalamata olives, naturally processed and packed in the iconic Olivaholic artisan tin. Rich, creamy and unmistakably Greek.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960



GARLIC & OREGANO

OL-17

Olivaholic garlic & oregano

Whole, firm Greek green olives marinated with roasted garlic and wild Mediterranean oregano. Aromatic and deeply satisfying.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960



GARLIC & OREGANO · PITTED

OL-18

Olivaholic garlic & oregano, pitted

The same Greek green olives with roasted garlic and wild oregano, this time pitted. Perfect in salads, pasta or straight from the tin.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	48	960

02

PAGES 12-13

Oils

Extra virgin olive oil from Crete in four formats plus pomace oil for intensive cooking, for gourmet retail and professional kitchens.

EXTRA VIRGIN OLIVE OIL · POMACE OLIVE OIL

Extra virgin olive oil



EXTRA VIRGIN

OI-01

Extra virgin olive oil

Compact format, ideal for gifts, fine-dining restaurants and everyday home use.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 ml	30	48	1440



EXTRA VIRGIN

OI-02

Extra virgin olive oil

The most popular format for daily use and home cooking.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
500 ml	20	48	960

BESTSELLER



EXTRA VIRGIN

OI-03

Extra virgin olive oil

Suitable for professional kitchens, catering and medium-scale restaurants.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1 L	12	44	528

BESTSELLER



EXTRA VIRGIN

OI-04

Extra virgin olive oil

Economical format for distribution, food production and private label.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 L	4	32	128

Pomace olive oil

Refined from the olive paste left after the first cold pressing. A neutral oil with a high smoke point that keeps the benefits of olive oil, the professional kitchen's choice for frying, baking and high-temperature cooking.

SMOKE POINT	240°C (ideal for frying)
AROMA	Neutral, clean, delicate
PROCESSING	Refined
IDEAL FOR	High-temperature cooking, baking



1 L

OI-05

UNITS/CASE	CASES/PALLET	UNITS/PALLET
12	48	576



5 L

OI-06

UNITS/CASE	CASES/PALLET	UNITS/PALLET
4	24	96

OIL FOR PROFESSIONAL KITCHENS

03

PAGES 15-21

Dairy

Feta, Greek yogurt, matured cheeses and dairy specialties from Kolios and Flegga. Formats from the 150 g cup to the 5 kg HoReCa block.

FETA · GREEK YOGURT 10% · GREEK YOGURT 2% AND 0% · YOGURT, SPECIAL RECIPES · FRUIT YOGURT · CHEESES · DAIRY SPECIALTIES

Feta



IN BRINE · PDO

DA-01

Feta in brine

The classic version, with balanced flavour and authentic texture, ideal for salads and everyday serving.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	12	276	3312



LESS SALT · PDO

DA-03

Less-salt feta

A lightly salted option for customers who want the same Greek character with a milder taste.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	360	4320



AGED · PDO

DA-02

Barrel Aged feta

Aged longer in brine for a more intense, firmer and more expressive profile.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	16	276	4416



ECO · ORGANIC

DA-04

ECO feta

Organic feta made from certified milk, for bio retail and premium assortments.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	16	276	4416



IN BRINE

DA-29

Feta in brine, metal tin

PDO feta from sheep's and goat's milk, in a metal tin with brine. HoReCa format for in-store portioning, restaurants and catering.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
14.5 kg	—	—	45

Greek yogurt 10%

10% FAT

DA-05

Greek yogurt 10%



Individual format with a classic, consistent texture. Ideal for breakfast or dessert.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400

10% FAT

DA-06

Greek yogurt 10%



The most popular format for daily use and home cooking.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
500 g	6	198	1188

10% FAT

DA-07

Greek yogurt 10%



Economical format for frequent use or recipe preparation.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1 kg	6	99	594

10% FAT · HORECA

DA-08

Greek yogurt 10%



Large container, ideal for restaurants, catering and HoReCa.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	4	36	144

Greek yogurt 2% and 0%

2% FAT · LIGHT

DA-09



Greek yogurt 2%

Individual format, low in fat and rich in protein. High protein, low fat.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400



2% FAT

DA-10

Greek yogurt 2%

Standard format for daily use, with a balanced nutrient profile.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
500 g	6	198	1188



2% FAT

DA-11

Greek yogurt 2%

Perfect for a snack or a light dessert.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1 kg	6	99	594



0% · HIGH PROTEIN

DA-12

Greek yogurt 0%

Fat free and rich in protein. Recommended for active and fitness diets.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400

Yogurt, special recipes

PROTEIN · LOW FAT

DA-13

Greek yogurt Hercules



Maximum protein, minimum fat. The ideal ally for athletes.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	6	400	2400

ECO · ORGANIC

DA-14

Greek yogurt ECO



Certified organic, produced in Greece from milk of cows raised in natural conditions.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	6	400	2400

VITAL · HORECA

DA-15

Greek yogurt Vital



Large format for professional kitchens. The ideal base for dips and Greek dishes.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	4	30	120

SHEEP MILK · 6%

DA-16

Sheep milk yogurt



Traditional Greek sheep milk yogurt, Flegga since 1957. Rich, aromatic, authentic.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	12	180	2160

Fruit yogurt

0% · BLUEBERRY LAYER

DA-17



Greek yogurt with blueberry

Greek yogurt with a natural blueberry layer. Fat free.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400

0% · PEACH LAYER

DA-18



Greek yogurt with peach

Greek yogurt with a natural peach layer. Fat free and refreshing.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400

0% · STRAWBERRY LAYER

DA-19



Greek yogurt with strawberry

Greek yogurt with a natural strawberry layer. Fat free, perfect for dessert.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
150 g	12	200	2400

Cheeses



SEMI-HARD · FOR GRILLING

DA-20

Halloumaki

Semi-hard cheese made for grilling, golden outside and elastic inside.
High melting point.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	10	276	2760



SEMI-HARD · SLICED

DA-21

Kolios Traditional sliced

Individual format for daily use. Melts well and works on cheese boards.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
180 g	12	253	3036



HARD · MATURED

DA-22

Kefalograviera

Traditional matured Greek hard cheese with an intense nutty aroma.
Grated or on a board.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
130 g	10	420	4200



SEMI-HARD · PDO

DA-23

Kaseri PDO

Kaseri cheese with protected designation of origin, from sheep and goat milk. Elastic, mild, lightly salted.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
250 g	20	84	1680

Dairy specialties

STRAINED · CREAMY

DA-24

Kolios labneh



Dense, creamy dairy product with a fresh, lightly tangy taste. Works on toast, with olive oil, roasted vegetables or olives.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	6	336	2016

FRESH · PDO

DA-25

Manouri PDO



Creamy fresh cheese from sheep and goat whey. Delicate, rindless, perfect with honey.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	20	84	1680

CREAM CHEESE

DA-26

Kolios cream cheese



Fine Greek cream cheese with a balanced taste and velvety texture. Good for spreads, fillings, cold sauces and appetisers.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	6	336	2016

COW TELEMEA · HORECA

DA-27

Ageladino 4 kg



Large block for restaurants and catering. Matured cheese with a lasting taste.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
4 kg	1	100	100

YOGURT-BASED SAUCE

DA-28

Tzatziki



Classic Greek sauce made from yogurt and cucumber. Ideal for appetisers and cold snacks.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
200 g	8	320	2560

04

PAGES 23-24

Specialties

Olive paste, stuffed peppers and Greek pickles: the complete meze platter, for retail and HoReCa.

MEZE AND VEGETABLES IN OIL · PICKLES

Meze and vegetables in oil

SPECIALTIES · MEZE AND VEGETABLES IN OIL



TAPENADE

SP-01

Kalamata paste

Silky Kalamata olive tapenade, perfect on bread, in sauces or on meze platters.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
135 g	12	120	1440



TAPENADE

SP-02

Kalamata paste

The same tapenade in the large jar, for HoReCa and frequent use.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
350 g	9	120	1080



CHEESE-STUFFED

SP-04

Cheese-stuffed peppers

Red cherry peppers stuffed with cream cheese and green olives, marinated in oil.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
1.2 kg	6	48	288

Pickles



PICKLED · MACEDONEAN

SP-06

Macedonean peppers

Long yellow-green peppers fermented in brine, with bright acidity and a crisp texture.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
2.5 kg	2	60	120



MIXED PICKLES

SP-07

Assorted pickles

Carrots, cauliflower, peppers, cucumbers and tomatoes pickled together for a vibrant platter.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
3 kg	2	60	120

BESTSELLER



THREE OLIVE KINDS

SP-08

Olive salad

Three kinds of olives, Kalamata, Amfissa and green, with aromatic herbs in a vibrant Mediterranean platter.

WEIGHT	UNITS/CASE	CASES/PALLET	UNITS/PALLET
5 kg	—	—	60

CONTACT

Let us talk about working together

Tell us which products interest you and within 48 hours we will send the full quote and the right delivery solution.

OFFICE

36 Fantanica Street, Hall F20
Bucharest, Sector 2, Romania

comercial@munte-athos.ro
+40 726 632 718
munte-athos.ro

WAREHOUSE

550H Main Street
Brezoale Village, Dambovita County

OPENING HOURS

Mon–Fri 06:30–15:00
Saturday 07:30–14:00
Sunday closed

HOW TO ORDER

1. Selection

Note the codes on the sheets and the formats you are interested in.

2. Quote

We come back with the full quote, prices and all logistics details.

3. Delivery

We ship from the Brezoale warehouse, Dambovita County.